

ST. JOSEPH LEPROSY HOSPITAL, MANGALORE

Annual Narrative Report, 2014

St. Joseph Leprosy Hospital, Mangalore has the history of 124 years of fruitful service in the care and service of leprosy with the motto "SERVE THOSE MOST IN NEED". This is the only hospital where patients are admitted for longer periods and for genuine reasons. Today the hospital provides modern treatment for leprosy with modern facilities. The credit goes to our donor agencies namely the Swiss Emmaus Association, Amici Di Raoul Follereau (AIFO) and St. Francis Leprosy Guild who co-operate with us in the elimination of leprosy by their great generosity.

The statistical report is enclosed according to the format provided. Since all the details are not covered by it, we wish to submit a brief annual narrative report and a few photographs of our activities for the year 2014.

Inpatients:- Out of 60 beds, 7 beds are occupied by the destitutes. The rest of the beds are utilized for medical and other various ailments especially for ulcer care. During the year 2014, the numbers of admissions were 107 and the average daily bed occupancy was 20-25

INDOOR ACTIVITIES: To divert the attention from the monotonous life provision is made to provide the Kannada daily's, Monthly spiritual magazine, and recreational facility - cards and the cable T.V. provision. Patients make good use of this facility to keep themselves at ease. Besides these above-mentioned activities, patients are instructed to take regular treatment and are given health education in the hospital.

Foot Wear: - M.C.R. footwear is provided usually free of cost or at a subsidized rate to the patients referred by general surgeons and orthopedic surgeons. Following are the details of production and supply of the footwear.

Number of new pair of foot wear prepared	271
Number of old shoes and chappals repaired	484
Number of M.C.R insole for chappals	41
Number of Metatarsal bars	56
Number of Metatarsal arch pad support	120
Number of Anterior foot drop springs	07
Number of Thomas Heals	43
Donate Nut	7
Horse shoes	11

Statistics of Routine Physiotherapy procedures and exercise of the leprosy patients.

- Oil massage and exercise - 642
- Sensory and motor assessment -128

- P.O.P Plaster application -6
- Soap water Soaking and callosity removal -595
- O P Dressing – 10
- Skin biopsy-30

Orientation

Various Medical and nursing students, social workers, School and college students, who visit the hospital regularly, were given orientation and health education on leprosy and other skin diseases through slides and posters. Institutions whose students visited the ST. Joseph Leprosy Hospital are Dr.M.V. Shetty's Memorial Hospital Mangalore, K.M.C. Manipal, Alva's Health Centre Moodbidri, Unity Health Complex, Mangalore, NITTE Institutions-Mangalore, Karavali Nursing College, Sahyadri Nursing College, and Bangalore University

In all, 26 Nursing colleges made study visits to our Leprosy Hospital. They were given health education and awareness on Leprosy by Mr. Harish and Mr. Suresh. 973 students benefited from this exposure visit.

REPORT ON ANTI LEPROSY MONTH - JANURY 2014

Anti leprosy month was observed and the free skin check up camps conducted at various schools to the public with the collaboration of District Leprosy Office, D.K. Mangalore. Dr. Ramesh Bhat, HOD Dermatology department, enlightened the public through the talk on leprosy awareness. Director of our Institution - Rev. Fr. Patrick Rodrigues presided over the function. District Leprosy Officer Dr. Rajesh distributed the prizes to the winners who had taken part in the essay competition. In his speech he assured support, cooperation and involvement in all our programmes. After the Inaugural function, the free skin camp to the public followed. Our Dermatology specialist examined the patients and given medicine.

The details of the activities are:

1 Capitanio High School, Mangalore on 08.01.2014
 Awareness talk given by : Dr Ramesh Bhat, Professor & HOD
 Dermatology, FMMCH
 Student screened – 358

2 Nithyadar High School Permannur, Mangalore on 11.01.2014
 Awareness talk given by : Dr Nanda Kishore, Professor & unit head
 Dermatology, FMMCH

Student screened – 494

One student identified as having signs and symptoms of leprosy.

3 Mogaveera Hr Pry School, Mogaveera patna Ullal on 25.01.2014
Awareness talk given by : Dr Ganesh Kamath, Additional Professor
Dermatology, FMMCH
Student screened – 181

4. Dakshina Kannada Zilla Panchayath Model Hr Pry .School Thumbay,
Bantwal on 30.01.2014
Awareness talk given by : Dr Jacintha Martis, Additional Professor
Dermatology, FMMCH
Student screened – 133

Anti Leprosy fortnight programme – 30th Jan – 13th Feb.

30TH January the Martyrdom day of the father of the Nation, Mahatma Gandhi. Mahatma Gandhi fought against the stigma and discrimination on leprosy. Our hospital extended anti leprosy month observance up to 13th February 2014 based on the State Government circular.

School Health Programme

“Through the students to their homes and to the society”

We involve school children to eradicate social stigma by giving them health education on Leprosy thus to control the disease by seeking medical advice at the earliest.

1. During the year 2014, health education given in 5 schools and about 507 children benefited from this IEC Programme.
2. Essay competitions were held at 2 schools and the winners were awarded with the prizes.

I.E.C. (Information, Education and Communication) programme has been under taken in our Project areas since Jan - 2007. The staff regularly visit the PHC's of our project area in Ullal area - the Anganawadi centers, the Sthri Shakthi groups and Schools to conduct IEC Programme on Leprosy. During the year 1 Sthri Shakthi groups have benefited from the IEC programme. The staffs have approached the school authorities to implement this IEC programme. During the year 5 schools have benefited from this IEC programme.

Special events

17-3-2014 to 19-03-2014: Mr. Suresh attended Urban Leprosy contact Survey programme organized by Dist. Health and Family welfare Society, D.K. Mangalore from 17-3-2014 to 19-03-2014

Statistics of the Urban Leprosy contact Survey programme

No. of Houses visited -72
No. of persons enumerated -325
No. of persons examined -175

WHO Consultant Dr. Michael and Mr. Vijay Inbanathan from District Leprosy unit visited our Department on 22-3-2014

Mr. Vijay Inbanathan from District Leprosy unit visited our Department and inspected the Grant-in-Aid bills and Drug register Book on 5-4-2014, 2-8-2014 and 29-10-2014.

6-8-2014: Sr. Angeline Lobo attended IDF Grant release function 2014-2015 at Khincha Hall, Bharathiya Vidhya Bhavan, 43, Race course Road, Bangalore.

22-12-2014: - Christmas was celebrated with inmates and staff of the St. Joseph leprosy hospital. The celebration was started with a prayer service. Rev. Fr. Richard Coelho was invited to convey his message. The gifts were distributed by the Administrator to the Inmates. Chief Nursing Officer, Sr. Aileen Mathias attended the function. The refreshments were served to all those who were present to this celebration.

At present we have 11 deformity cases in the project area. Once a week Mr. Harish and Mr. Suresh visit these patients and do the needful service such as - water soaking, simple dressing, callosity removal, physiotherapy assessment, exercise, health education to patients and family members regarding prevention of disability.

The year concluded with the visit of many students and local NGO's who spared their time to spend with our patients expressing their love and concern.