Inclusion of needs of persons with leprosy-related disabilities:

Principles and priority areas for action

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Principles of CBR in relation to people with leprosy-related disability 1

- **Inclusion**
  - People affected by leprosy are included in mainstream programmes and services; participation in society

- **Participation**
  - People are involved in the programmes themselves at a decision-making level

- **Self-sufficiency**
  - People learn to manage their own livelihood (vocational training, micro-credit, business creation); autonomy as far as culturally relevant

- **Self-advocacy**
  - People learn to speak up for themselves.

Principles of CBR in relation to people with leprosy-related disability 2

- **Empowerment**
  - People learn to manage their own disability (self-care groups, self-help groups)

- **Equity**
  - Equal opportunities – neither less, nor more

- **Social justice**
  - People with disability have equal rights; society has responsibilities to treat PWD justly.
Conditions for success of CBR

- Needs-based services
- Participation of PWD and community at all levels
- Multi-disciplinary teams
- Adequate expertise of staff => ensuring good training
- Awareness of own limitations among staff => referring when necessary
- Being complementary to mainstream development services and specialist services.

Priority areas for action - 1

- Inventory of existing services
  - Use what already exists!
- Inventory of disability and related needs
- Lobby for integration of PLD in general (rehabilitation) services
  - Disability surgery
  - Physiotherapy and occupational therapy
  - Socio-economic development programmes (e.g. micro-credit)
  - Education (including vocational and non-formal)
  - Disabled Peoples’ Organisations.

Adapted from Cornelje & Bogopane-Zulu, 2008
Priority areas for action – 2

- **Promote reverse integration**
  - Self-care and self-help groups
  - POD services
  - Rehabilitation services (esp. SER)
  - Leprosy villages / communities

- **Implement human rights perspective**
  - Self-organisation
  - Empowerment, capacity building
  - Attention for structural discrimination and dis-empowerment, also in own organisation.

Priority areas for action – 3

- **Increased attention for environmental and personal factors**
  - Empowerment (literacy, self-esteem)
  - Poverty reduction (skills for income generation)
  - Stigma and discrimination
    - Discriminatory legislation
    - Stigma among (health) service providers
    - Self-stigma

- **Research**
  - Baseline data
  - Disability and poverty (and other determinants)
  - Effectiveness of interventions (e.g. CBR, stigma, rights-based interventions)
  - Indicators for monitoring and evaluation.
Rehabilitation

- Health Condition (disorder / disease)
- Enabling people to optimise

Body Functions & Structure
- Physiotherapy
- Self-care
- Surgery

Activity
- Physiotherapy
- Self-care
- Surgery

Participation
- Training
- Adapted tools

Environmental factors
- Advocacy
- Building ramps
- Awareness raising
- Reducing stigma & discrimination

Personal factors
- Education
- Counselling
- Empowerment

Assistive devices
- Self-help groups
- DPOs
- Micro-finance
- Employment

Training
- Employment

Adapted tools
- Employment

Enabling people to optimise
- Employment
Courtesy of

- Netherlands Leprosy Relief
- Leprosy Control Programmes of
  - Nigeria
  - Nepal
  - Vietnam
  - Indonesia
- People affected by leprosy